



Manning Elementary School

LEARNING TOGETHER, SUCCEEDING TOGETHER...

February 24, 2022

Features:

School News... 2—7

Messages... 7—11

School Calendar... 12



Working Together in a Safe & Caring School

*

Brought to you by the Grade 3 Class



#603 – 3rd Street S.E. Box 779, Manning, Alberta T0H 2M0
Ph: 780-836-3532 Fax: 780-836-2925



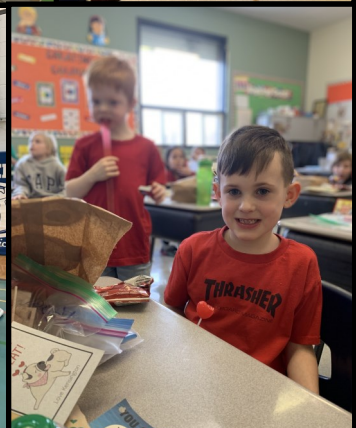
Valentine's Day

By Dacey

Ooo la la! What is your favourite part of Valentine's day?

My favourite part about Valentine's Day is spending time with your loved ones. I celebrate Valentine's Day because it's so lovely and you can give out Valentine cards to your friends and family. On February 14th, we will be partying in grade 3! We might be playing games or watching a movie. Students are encouraged to wear the colours pink, purple, red or hearts!

Mrs.Greschner's favourite part of Valentine's Day is the color red, candy hearts and the love in the air. Ava Stone said having fun with family and friends is her favourite part of the day and Mrs.Gardecki said she loves smelling the flowers on February 14th.



Lego Club

By Shane



Crash! Whoa, that was a big crash when it broke into pieces. I go to Lego club! Lego club will take place in the computer room for Grade 3 and 4 students during lunch break with Mrs. Matheson in the month of February.

In LEGO Club there are multicoloured cars and we will build lots of things. People are noisy and loud in Lego club because they talk to their friends and are building and destroying their creations. In Lego club we build tall buildings, short houses, and actual towns.

Thank you to Mrs. Matheson (the librarian) for organizing Lego Club!



Free Book Store!

By Fia and Sofia

FREE BOOKS! Yay! In the hallway there were free books for sale! We could get books when we had time. Some people who live in Manning donated books to our school.

Quickly the kids rushed to get the books! Reading is important because it's good for your mind and it's fun! There were chapter books and short books. Some of the books were old and some were new. Most of them were old. Every grade could come and get some of the books.

We hope you enjoy your books! We love donations at MES!



Family Day

By Summer

No school and no work! Family day in Alberta was on Monday, February 21. Family Day is spending time with family and you can play games! Like Bingo or Jenga! Other ideas for Family Day are, sliding down the snow hill, drinking hot chocolate, and watching a funny movie! Spending time with your family is very important, and fun!



Different Teachers

By Emma

Knock, knock, knock. Grade 3 often hears many teachers like Miss Deas, Mrs. Demeester and Ms. Matheson coming to teach us each week. Did you know that teachers help the community?



Every day, Ms. Matheson takes us to the gym, and every Friday Mrs. Matheson brings the Friday Funday bag and we get to play fun games.



Mrs. Demeester does Readers Theater in our classroom on Tuesdays and we act and have so much fun.

Miss Deas has to run between grade two and three to teach art and health. She teaches us and then the grade two students.



Shane from grade three says he likes having different teachers because we get to do fun things.

Free Hot Lunches and Food for Thought

By Sofia

Mmmm, chicken strips with the gravy on the side.

Each month, the volunteers come in to our classrooms and deliver all the food. The volunteers are usually family members of the students at M.E.S. The kids in the school get hungry in the morning, so we are lucky that we have Food For Thought. They also do this to keep our brain nourished. The food in the morning is outstanding! When we have Food For Thought we usually get smoothies, yogurt, meat, cheese and crackers in a cup.



Every second Friday we get a delicious hot lunch. Luckily, we get yummy, nutritious foods. This month we had taco in a bag. We also had chicken and wedges. What do you think we should eat next?



Buddies

By Regan

At M.E.S. we have a lot of buddies. Grade three and grade two have buddy reading every Tuesday over Google Meet. Grade six gets to meet with their grade one buddies to read books virtually

monthly. Grade 5 has lodge buddies and are able to walk to the lodge for visits.

Jett in grade 5 says his favourite part of seeing his Lodge buddy is he can see his grandma!

Jason's favourite thing about grade four buddies is that he can read to his buddy.



Winter Walk Day and Outside Time

By Maya

When you hear the excited kids in the hallway, you know it's time for recess! The whole school loves to go outside for recess. We have been sliding down the huge snow piles in the school yard. The kids rush as fast as they can to get a sled and if you beat the grade two students and get a sled you can use them on the really big hills.

Winter Walk Day lets students and teachers get exercise and fresh air and a break from lots of work. Make sure you wear warm clothes, it might be chilly! We challenge you to go for a winter walk today!



Pink Shirt Day

By Braxton

Oof! Eek! Ouch! We all hate bullying but did you know that it started Pink Shirt Day?

It all started in 2007 when a 9th grader got bullied for wearing pink two days in a row! Quickly Travis Price and David Shepherd got to work and created Pink Shirt Day. At MES bullying is not allowed. Now bullying is history thanks to Pink Shirt Day.



Mini Sticks

By Ben

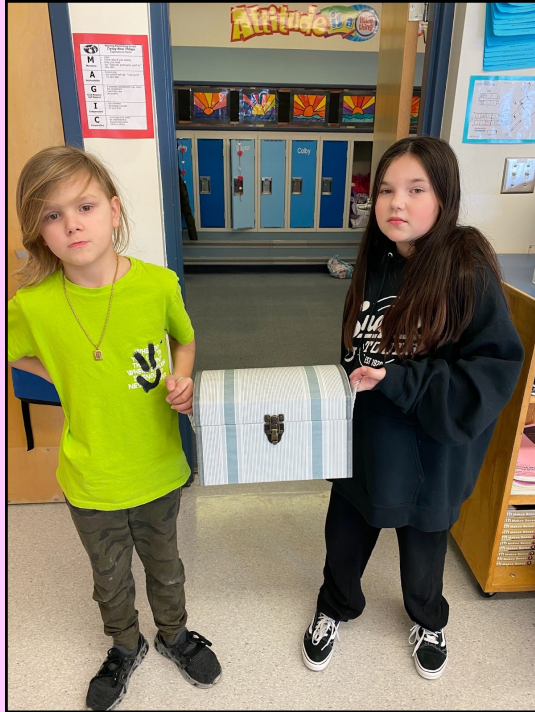
Ting! The referee calls, "Post!" This is just another day in the Mini Sticks tournament! Some of the teams are called the War Pigs and the Burns. Did you know you need boots, mitts, toque, coat and ski pants to play? Mini sticks has been played at MES for 20 years. Ms. Matheson organizes the teams.

The Moose League games are played in the bus lane at lunch recess. Ashtyn loves to play with her friends! Kayton likes all of the positive attitude going into the games. Caitlyn likes to play other teams. The winner of the tournament wins the Moose Cup!

Secret Student

By Bentley

Drum roll please!...The secret student is...



Every morning before the kids get to school Ms. Lay picks a name with a random name picker to be the secret student. Nobody knows who the secret student is but Ms. Lay. She has to go to the Dollar Store on the weekend to get lots of Hot Wheels and other cool stuff for the treasure chest. Ms. Lay tells the students who the secret student is at the end of the day. If you were hardworking, kind and helpful, then you get secret student. The whole class really wants to be the secret student but we randomly pick the names so sometimes someone would get it 4 times in a row. When we first started secret student I got it 4 times in a row and I think everyone was a little jealous!

Regan's favourite part of secret student is that it is a secret!

Thank you!

Jodie Reinders
for the cool sleds for our toboggan hills!

Manning IDA
For the practice math booklets!

Superintendent's Message

Kindergarten Registration

It's that time of year again and our Kindergarten teachers and principals are looking forward to welcoming new students to a bright new world of learning! Kindergarten registration for the 2022-2023 school year has opened and we are excited to welcome all our up-and-coming students to PRSD this fall. Registering your child in Kindergarten is extremely beneficial and prepares children for future success in their education and beyond.



We believe in play-based education delivered by kind, caring, and highly qualified staff. Your child will interact, imagine, experiment, and explore to add to their knowledge and learn new skills. Our educational staff know that every child is unique, and our teachers ensure that students are provided with specialized and targeted instruction to meet their individual needs.

We know our communities, and we understand how important it is to be involved in your child's Kindergarten education and that's why we value family involvement and encourage parent volunteers. This approach to our Kindergarten programs is what makes students so successful. In PRSD schools, there are many ways for parents to be involved and for the school and families to interact.



All PRSD Kindergarten classes and Early Learning programs offer specialized support for students with delays or special needs. The Early Learning Team supports children in their emotional, social, intellectual, and physical development through play-based environments.

PRSD has specific program options and availability, so we encourage parents to reach out to their local elementary school and ask about their Kindergarten programming.

We look forward to teaching the next generation of students and offering them a high quality of education from the very beginning. Enrolling children in early learning programming provides a higher chance for future academic success and allows them to become more comfortable and confident within a classroom setting.

We are beyond excited to welcome more imaginative minds to our schools this fall!

Adam Murray
Superintendent of Schools
Peace River School Division



Healthy Children



February 2022 Family Newsletter



Active families, active kids

Children are like little sponges—they're always absorbing! Though it may not always seem like it, they listen to what we say, watch what we do, and follow our lead. This is especially true when it comes to active living—there may be no greater influence on a child's level of physical activity than the parent or family.

Active living boosts physical and mental health, and can improve school performance, self-esteem, and social emotional development. It also helps families create shared experiences, memories, and bonds.

Here are some tips to get your whole family moving.

Make physical activity a way of life

Physical activity gets easier when it's a natural part of everyday life. As much as you can, weave active living into your family's routines, norms, and culture. For example:

- Travel in active ways. Set an example by walking or wheeling to get groceries or to go to work. Help your kids learn safe, active ways to get to school—with support and practice, they might be able to bike, rollerblade, scoot, or even snowshoe for all or part of the journey.

Healthy Children

February 2022 Family Newsletter

- Encourage free play and unstructured time. Give your kids space, opportunity, and time to move in ways that make sense to them. They might jump in puddles, build forts, or set up indoor obstacle courses. Try not to direct what they're doing—let them imagine, create, and explore.
- Get outside in all types of weather. Each season presents families with unique ways to get active. Whether your kids are raking leaves with their grandparents or sledding with friends, it's likely that they're moving more, sitting less, and feeling good.

Plan for active days

Daily responsibilities can take time away from physical activity. As a family, commit to getting active as much as possible, and plan how you'll make it happen. Every family is unique, so there's no one-size-fits-all solution. Try these ideas, and do what works for you:

- Set family goals for how much time you'll spend getting active each day, week, or month.
- Make a written plan or calendar of the activities each member of your family will do. This technique helps to keep adults accountable, and it's a handy life skill for kids to learn and practice.
- Get everyone involved in choosing and leading family physical activities. Kids are more likely to take part when they've had a say in the decision.
- Have family conversations about why it's important to balance time spent sweating, stepping, sitting, and sleeping. Try the

[Build Your Best Day](#) online tool for ideas and conversation-starters.

- Keep it interesting! Encourage a variety of activities, including heart-pumping, vigorous physical activities (like jumping rope, dancing, or running) and light physical activities (like stretching, walking, or yoga).
- Set an example for your kids by continuing to do physical activities you enjoy, and inviting them to take part.

For financial assistance to get your kids into a sport or physical activity, go to [Jump Start: Individual child grants](#).

Model and encourage healthy screen use

Reflect on what appropriate screen use looks like for your family. Devices like phones, TVs, and tablets can pull our time and attention away from physical activity, conversation, and connection. Some families find it helpful to make written plans, pledges, or agreements that:

- Limit the amount of screen time that is acceptable.
- Designate screen-free zones in the home, like bedrooms or the dinner table.
- Prioritize screen-free family activities, like bike rides, bowling, or nature walks.
- Put screen time to use, with a focus on screen-based activities that promote movement, like dance-based video

Healthy Children

games, geocaching, or how-to videos to learn a new skill.

Have fun with it

- Keep family physical activity focused on fun. Model how to let go of things like ability, achievement, or competition. Studies show that enjoyment matters more—when kids do physical activities they love, they tend to stick with them for life. Here's what you can do:
- Let your kids choose their active clubs, sports, and teams (even if they're not the same ones you would choose).
- Challenge your family to try new activities together or start active traditions—go ice fishing, play cricket, or try winter camping.
- Connect with culture—explore physical activities, sports, and games linked to your family's heritage or diverse cultures. For example, try Ukrainian dance, traditional Indigenous games, or Nordic skiing.

February 2022 Family Newsletter

- Accept that sometimes your kids would rather get active with their friends than family—it's only natural! Help them meet up with friends for active play, organized activities, or just to spend time outside.
- Play with your kids, even as they get older. Have dance parties! Make scavenger hunts! Play catch! Move more, and sit less. You'll be glad you did.

For more tips for your active family, go to:

- [200+ activities you can do with kids at home](#)
- [My active family bucket list](#)