

October 18, 2021

Features:

School News... 2-8

Messages... 9-15

School Calendar... 16



Every Child Matters Learning Together, Succeeding Together

Brought to you by the Grade 4 Class



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Orange Shirt Day By Ava and Zoey



The importance of orange shirt day is to honour children who were forced to go to residential schools. Phyllis Webstad was sent to a residential school in British Columbia and was very proud to wear her new orange shirt on her first day of school. Upon her arrival, her orange shirt was taken from her and never given back.

At MES we honoured Orange Shirt Day on Wednesday Sept. 29th. Grades five and six participated in a Dene Hand Game tournament. Some classes read books and discussed the history of residential schools. MES started honoring Orange Shirt day September 30, 2017.

To honor Orange Shirt Day and Truth and Reconciliation week in upcoming years, we could have an elder come in and share his or her history about their school experiences and learn more Aboriginal stories.





By Rylan and Avery



Terry Fox was a man who raised 800 million dollars to try to find a cure for cancer. He did this by running 5,573 kilometers with a prosthetic leg. Amazingly, he ran 42 kilometers each day for 143 days. That is the length of a marathon each day. He was running for 18 months. Terry Fox was 22 years old when he died. He was born on July 28, 1958 and died on June 28, 1981. His mom and dad were Betty Fox and Rolly Fox.

The Terry Fox Run happens in more than 60 countries each year. The Terry Fox Run is when we walk around town to remember Terry Fox raising money for cancer research. We raise money for cancer research, too. We do this by asking other people to sponsor us for money to donate to a person that researches cancer and tries to find a cure. Every student's goal is to raise 100 dollars a year for cancer research. Each year roughly 5 billion dollars are raised for cancer research. We do the Terry Fox Run every year.

This year grade five raised the most money for cancer research in the whole school. They raised over 900 dollars for cancer research. Ava McDonald raised the most money of all the students in the school!

When we interviewed our principal, Ms.Matheson-Lyseng, she said, "This school has been doing the Terry Fox Run for over twenty-five years." She also told us that we usually raise between \$2500 and \$4000. This year, we raised \$4002!!

Emma, a sixth-grade student, said, "I like doing the Terry Fox Walk because I like walking and it is a kind thing to do for people with cancer and cancer research." Ms. Matheson-Lyseng is Emma's teacher and she said that if they raised \$500, they could have ice cream. Emma's class was four dollars away from getting yummy ice cream.

There are treatments for cancer right now, but there are no cures for it. By doing the Terry Fox Walk, you can raise money for cancer and try to find a cure for it.

The authors of this story, Rylan and Avery, raised \$200 between them!



New Staff at MES!

By Reid, Emmitt, Tuf, and Chek



Yay! there are new staff members in our school!

We would like to welcome Miss Lay, Mrs. Pawluski, Mrs. Demeester, and Miss Gibson to our wonderful school! Mrs. Johnson and Miss Smith have new, exciting positions at the school also.



Miss Lay is the new grade three teacher. She thinks it is important to laugh and smile all day. Her favorite part of the day is spending time with all her students. Before becoming a teacher she was an educational assistant. This is her second year of teaching.

Mrs. Pawluski is a first year Educational Assistant here at MES! Her favorite part of being at MES is that she gets to watch students progress and she likes getting to interact with the students while she is on bus supervision. While we learn everyday, so does Mrs. Pawluski. After leaving bus driving, Mrs. Pawluski wanted to continue a career involving children, and she's obviously in the right place!





Our new grade 4 teacher is Mrs. Demeester. She thinks students are funny, eager to learn and have a wonderful imagination. She is excited to teach us this year and has many fun activities planned.

As an EA, Miss Gibson has learned to be patient and that it is exciting to spend the whole day watching kids learn. She works mostly with students in grade six.





Miss Smith is the new kindergarten teacher and will be subbing at the big school. She decided to change from grade four because she thought it would be exciting to learn and play with kindergarten students. She likes to listen to stories and learn new things. She thinks it is important to have patience and empathy, and show students how to have fun.

Mrs. Johnson has been at Manning Elementary School for a while now and is taking on a new role. She is now the Youth Education Support (YES) Worker. She will be in every classroom at the school teaching students about mental health and wellness.



We are excited to learn from all of the staff at Manning Elementary School!

Covid Updates By Ariah and Axton



Covid is a disease that can make people sick. We have a lot of rules at the schools and stores. The new rules at MES are very new to us because in grade 3 we had different rules. Some people have to be quarantined, which is when you stay home for fourteen days and you don't leave your house.

Mr. Asmusen also fogs the school which means he sprays the school with a chemical cleaner when no one is here. Mr. Asmusen said the hardest classroom to clean is grade 4 because it is the biggest class. He also cleans the white boards and desks in all of the classrooms. The easiest classroom to clean is grade 3 because they only have 12 students. He goes through 1 or 2 paper towel rolls each day. Axton asked Mr. Asmusen if it is hard to clean the school, and he said "It's not that hard because it's already pretty clean." He uses one litre of soap in one day.

Ariah wonders if all people have to wear masks in Alberta. Axton wonders if all kids have to wear masks in their schools. We both wonder if the rules are the same in the whole world. We want to know if the whole world has to wear a mask. It is hard to play at your friend's house or family's house. It is hard to go to parks because they have a lot of germs.

Some restaurants require a mandatory proof of vaccination that makes it hard to eat out if you are not vaccinated. What do you think of the new Covid rules? Do you like the idea of getting the vaccine? Axton doesn't like some of the rules because it is hard to read to our reading buddies. Ariah doesn't like wearing masks, but she does like keeping others safe.

Life in Upper Elementary

By Jason, Melanie, and Kathryn

We are very excited to be in upper elementary this year. We have to come through a new boot room, we have a new classroom, and we have a new teacher named Mrs. Demeester. Outside at recess we get to play on the



zipline and swings, go to the purple park, play tetherball, and we get to go in the



gazebo. We get a loft and there are books up there. We can go work in the art room and at the pedal desk. We have to wear masks this year, but we didn't have to in grade 3.

Golf in Schools

By Sawyer and Deston



Fore! We started the grade 4 year practicing our golf skills. The Golf in Schools Program provided Manning Elementary School with equipment to learn the game of



golf. The program started in 2009 and nearly 10 000 elementary schools across Canada were provided equipment and teacher lessons to learn the game.

The golf course in Manning is called Condy Meadows. The golf course has rivers, ponds, sandtraps, and a gazebo. You can rent golf carts and they have a clubhouse where you can get burgers and fries or a salad. Jack and Fred are the managers and they take care of the hockey arena too! Adults have to pay to go for a round of golf but it's free for us kids.

Next summer you should get out for a round at our awesome Condy Meadows Golf Course.

Coding By Tyler and Wyatt



Coding was invented in the late 1950's and still is being used today. You use it to make movies, games, stories, cool names, and animals. You can even make your own characters and animate them.

Scratch is a way to learn about coding and this year we are learning to code each week. Our teacher knows that most of us like to play video games and if one day we want to create our own game or work with electronics, we should learn how to code.

We will learn how to animate characters, create a story, make music, make a chase game, and many other cool gaming projects. The characters we create will be different, silly, cool and awesome! Maybe one day, we will create the next video game craze.

Grade 4 Science

By Jordan and Gio



We are learning about waste in science. Mr. and Mrs. Stone are the owners of the Manning Disposals and they came to visit us at the school. They manage the garbage in Manning. Mrs. Stone told us that they haul the garbage from Manning all the way to Long Lake.



Mr.Stone brought the garage truck to the school for us to see it up close. We saw the garbage truck pick up the garbage bins with the big forks on the front of the truck. Then it dumps the garbage into the back of the garbage truck and compacts it. Mrs. Stone taught us about landfills, transfer stations, and the recycle station. She also talked about what we can do with our hazardous waste.



Mr. and Mrs. Stone also left our class some cool prizes and a garbage truck to give away the kindergarten class. Thank you Mr. and Mrs. Stone for keeping our community clean and teaching us about waste!

Thank you!!!

Byron & Stacey Stone for teaching our grade 4 students about waste disposal!

Byron & Stacey Stone and Michele & Morris Greschner For sponsoring our Food for Thought pancake breakfasts for the whole year!

Reading Buddies By Kavaya and Makayla



Excitedly, we are starting reading buddies again after taking a long break. Our reading buddy is Bentley in grade 3. We used to meet with grade 3 in the gym. Now we are going to meet through google meet. Reading buddies is fun because it is fun to read. Reading buddies is when we go to the gym and meet with another class. When we asked Bentley what her favorite part is, she said "That they get to read a book to me." Then we asked her what her favorite book is she said "Do Not Let The Pigeon Drive!" When we asked if she liked reading and she said, "No." We asked who her favorite author is. She had to think a little bit than she said "David Shannon." What kind of books do you like? Bentley said she likes lots of characters.



Smile Cookies



By Marie and Hunter

Grade 4 got Smile Cookie deliveries 2 days in a row! Thank you to Chek's family and to Morris and Michele Greschner for the cookies for every student and staff member at MES!! They got them from High Level Tim Hortons.

Mrs Stone said, "Everyone loves cookies, and we can all use a smile right now." She loves chocolate chip cookies just like us!!!!! Smile cookies are so good! The icing smile is the best part. It looked hard but then I took a bite and it was soft and yummy!

The Peace River "Smile Cookie Campaign" proceeds go to a foundation called, "Always Find A Reason To Smile." It's to help raise awareness for suicide prevention and happiness! The 2021 goal was \$32 000 and this year they raised \$37 883! The proceeds from every cookie sold goes back to charities, hospitals and community groups and last year Tim Hortons donated \$10.56 million dollars across Canada.

Thank you for supporting great causes and for putting smiles on our faces!

Math By Charley and Jayda



A fun math website we play in Grade 4 is Xtra math. Xtra math is an educational math practice game we log onto everyday to do our math equations and it helps students practice math facts. A few other fun learning math games are I Know It, Math Playground, Prodigy, Number Nut and Hopscotch Math. The last game only goes to grade 5 but it is called Splash Math.

Ms. Matheson teaches math to grades six, grade one and kindergarten. She teaches grade six all of the concepts and she teaches grade one and kindergarten enrichment.

A few of Ms. Matheson's favourite things are the number 7, building and decomposing numbers, and her favourite equation is 10x10=100x10=1000! Also she loves to teach about composite numbers. Ms. Matheson said she enjoys teaching math very, very much!

The new math intervention program is called Bridges and it includes lessons, manipulatives and games to help students with math. She is really excited for the new math program and all grades in MES can use it!

Art

By Karleigh and Ryder

Mr. Brian Hohner learned to paint at the Alberta College of Art and Design and his parents were talented painters like him. They taught him to paint too. His favorite place to paint is his studio at home because it is beautiful and inspiring. He said, "You should always paint what makes you excited." He likes landscapes, planes, helicopters and animals.



Mr. Hohner has painted a lot of beautiful art. You can view his art at his website, www.magneticnorthimages.com. His artwork has been displayed in galleries across Alberta.

At school we like to do lots of art and display it in our classroom, above our lockers, and on the bulletin boards throughout the school. We like art because it is relaxing and fun. Maybe one day we could visit Mr. Hohner's studio. Indigenous Education in Peace River School Division

Ensuring that Indigenous perspectives are infused in education is very important to the Peace River School Division (PRSD). It is crucial that First Nations, Métis and Inuit students see themselves and their cultures in the curriculum and school community, and that non-Indigenous students are taught the true history of Canada, including the, at times, painful relationship between Canada and the First Nations, Métis and Inuit.

As you may be aware, the Canadian government declared September 30th as a federal statutory holiday, the National Day for Truth and Reconciliation. We fully support the importance of this day of observance and therefore the PRSD board of trustees voted to make *September 30, 2021 a non-operational day, meaning there will be no school for students and school-based staff.* The board of trustees also voted that *September 27- October 1, 2021 be declared Truth and Reconciliation Week in PRSD schools. By dedicating a full week to Truth and Reconciliation, schools will have the flexibility to select a minimum of one school day within the week to recognize Orange Shirt Day while students learn about the history and legacy of residential schools. Other learning activities that support Truth and Reconciliation will also be encouraged.*

As an educational organization, we have a great duty, responsibility, and opportunity to create change and we take this very seriously. Last year, the PRSD Board of Trustees unanimously voted to form an Anti-Racism Committee. The committee includes representation from the board of trustees, students, and staff, and is committed to further positive systemic change, with the goal of ending racism in all PRSD school communities.

We are very excited and humbled to share that on September 23, 2021, we will demonstrate our respect for, and solidarity with, our Indigenous communities by raising the Treaty 8 flag and the Métis flag at the Grimshaw Shared School Facility. This flag raising Ceremony has been planned in collaboration with Duncan's First Nation, Métis Region VI, Holy Family Catholic Regional School Division, and the Town of Grimshaw. At PRSD, we will continue to demonstrate our commitment to Truth and Reconciliation by collaborating with our local Indigenous communities to plan future flag raising Ceremonies to be held at each of our schools.

In our classrooms it is emphasized that Indigenous history is Canadian history. It is very important to us that all students learn about the important traditions, cultures, and histories of the First Peoples of Canada. We seek out opportunities to have our staff learn from local Elders and knowledge keepers. For example, our school leaders learned more about the significance of smudging from a local knowledge keeper during their first Administrators Association Meeting of the year. This month, students in Peace River and Fairview will be building tobacco bundles with the guidance of a local knowledge keeper to support the local Sisters in Spirit events when our communities gather to remember missing and murdered Indigenous people.

Although pandemic restrictions have prevented large divisional events such as our Hand Games Tournament, other virtual opportunities have arisen. For example, in the coming weeks, all schools will have the opportunity to have students learn Cree songs with Sherryl Sewepagaham through Zoom sessions. Throughout the school year, opportunities are woven into the classroom whether that is a part of a specific event such as Remembrance Day, Métis Week, or Indigenous Peoples Day, or just as a part of what regularly happens day-to-day in the classroom.

This important work is supported by the vision and passion of the Board of Trustees, and through the work of PRSD's management staff, Indigenous Education Program Coordinator, Indigenous Support Workers, school-based Indigenous Education leads, teachers, educational assistants and through the contributions of Indigenous community members and organizations. These programs and initiatives are supported by way of special funding from the Government of Alberta which is determined by self-declaration. Peace River School Division receives funding for each self-declared Indigenous student. Parents can declare their child's ancestry on the school registration form that is completed every year.

Thank you to our students, staff, families, Elders, knowledge keepers, community members and organizations for your important contributions and support.

Adam Murray Superintendent of Schools Peace River School Division





THANK YOU!



Food for Thought would like to recognize **Reinders Logging (2017) Ltd. & Pine Ridge Chippers Ltd**. for their donation of \$6,000!

The three schools in Manning will benefit from this donation. Breakfast is served to the students by our Food for Thought volunteers two days a week.

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We need **Substitute Teachers** and **Educational Assistants.** Call PRSD Central Operations at 780-624-3650 or visit prsd.ab.ca/careers to learn more.

ace River School Divisior

Thank you for helping to make our school even better!

Tyler & Hailey Stone for the generous donation to our Apple-A-Day program in memory of Glenda Radbourne

Joyce & David Vos for the donation to our Apple-A-Day program

Precision Services for the donation to our Apple-A-Day program

Patty Olson for the donation of yarn to our grade 5 crochet-for-the-community project

Healthy Children

October 2021 Family Newsletter



Talking with your child about Orange Shirt Day: Tips for open conversations

Schools in Alberta and across Canada recognize <u>Orange Shirt Day</u> on September 30. It's a day to honour children that survived residential school, and to remember the lives that were lost. Wearing orange is a symbol of respect and mourning. This year, September 30 also marks the first National Day for Truth and Reconciliation.

You may not know the tragic history of residential schools. You may be coming to terms with the discovery of unmarked graves at former residential school sites across the country. You are not alone. Many parents and caregivers struggle to talk about residential schools. It's challenging, emotional, and hard to reckon with. There is a lot of hurt.

This <u>Orange Shirt Day</u>, commit to having conversations with your kids about residential schools. It's not easy, but it's important. Here's how to get started.

Learn with your child

Learn the truth about our tragic history and its lasting impact on Indigenous students and families. With education and training, you'll be better able to support your child.

Try these ideas:

schools.healthiertogether.ca

Healthy Children

- Read the powerful story of the original orange shirt, taken from Phyllis (Jack) Webstad on her first day at residential school.
- Explore the history of residential schools with trusted resources. Try <u>learning</u> <u>modules</u> from the Assembly of First Nations or <u>information</u> from the National Centre for Truth and Reconciliation.
- Listen to the stories of residential school survivors, Elders, and Knowledge Keepers. Look for opportunities in your community, or try <u>virtual stories</u>.
- Reflect on your own biases and misperceptions. Challenge them with accurate information about <u>Indigenous</u> <u>Peoples and Communities in Alberta</u>. This AHS series on Indigenous myths and misconceptions can help:
 - Indigenous Peoples and health care in Canada
 - Urban, rural, and reserve populations
 - Treaties
 - Terminology
- Use the interactive tool, <u>Beyond 94</u>, to review the <u>Calls to Action</u> of the Truth and Reconciliation Commission of Canada and monitor progress.
- Register for <u>Indigenous Canada</u>, a massive online open course from Faculty of Native Studies at the University of Alberta. It's a free, flexible virtual program for all types of learners.

Create space for conversation

Ask your child what they know about Orange Shirt Day, and go from there. Listen. Give them your full attention.

October 2021 Family Newsletter



Don't shy away from the truth—it's possible to talk about injustice and discrimination with kids of all ages. Younger children can understand foundational concepts like kindness, fairness, and the difference between right and wrong. Older children may be ready for deeper, more nuanced conversations. Follow their lead.

Remind your child that it's okay to ask questions. You may not have the answers, but you can work through it together. Reassure them that as Canadians, we are learning from the past. They don't need to worry that they will be taken away.

Be there for your child. While events like <u>Orange Shirt Day</u> can help spark

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conversations, talking about residential schools is not a one-time thing. It's our collective responsibility to keep the conversation going.

Explore

Use <u>Orange Shirt Day</u> as an opportunity to explore the rich history, diversity, and culture of Indigenous communities in Alberta. Take pride in their beauty, strength, and contributions.

Here are some practical ideas for your family:

- Read books by Indigenous authors—visit your local library or try the <u>Books to Build</u> <u>On</u> search tool.
- Make connections with Indigenous peoples and organizations in your community. Visit your nearby <u>Friendship</u> <u>Centre</u> or <u>Métis region</u>. Check out local cultural <u>events</u>, art, music, or dance.
- Learn what <u>Treaty</u> land you're on and <u>how</u> to acknowledge it.
- Try <u>traditional games</u> like ring the stick or double ball.
- Reflect on Indigenous values and teachings on wellness with short videos from <u>Raising Our Healthy Kids</u> – <u>Indigenous Health.</u>
- Spend time in nature, connecting with the land. Try traditional ways of getting active outdoors, like walking, berry picking, fishing, snowshoeing, or gardening.

October 2021 Family Newsletter

Talking about residential schools is one way to help repair relationships between Indigenous and non-Indigenous Canadians. It's an important way to build respect, understanding, and empathy.

Orange Shirt Day can help spark a learning journey. Together, we can create a better future for Indigenous children and teens, families, and communities.

Talking about residential schools is difficult. If you are experiencing pain or distress, <u>help is available</u>.

- National Indian Residential School Crisis Line: 1-866-925-4419
- Hope for Wellness Help Line: 1-855-242-3310
- Mental Health Help Line: 1-877-303-2642

CHROMEBOOK FOR EDUCATION FAMILY AND STAFF PURCHASE PROGRAM

Research indicates that using technology in the school setting results in students who are more active, engaged and more likely to take pride and ownership in their learning. Regular technology use will increase self-advocacy skills including seeking assistance, conducting research, problem solving, and communication. Student confidence will grow as they rely less on the teacher and more on their own initiative for knowledge-creation.

The Peace River School Division is proud to partner with BCOM Computers to provide quality Chromebooks designed for our K-12 environment. Preferred discounts are available to the students enrolled within PRSD programs and our staff. To help you in this process we have put together an easy to navigate website:

BCOM's Educational Portal is located at: <u>www.b-com.ca/educationnortal/</u> PRSD's School Access Code is: 18956489

New Users:

Please click on: New User? Click here to register. You will be prompted to enter the School Access Code (18956489), your name & email address, and a Username and a Password of your choice.

After you have registered, please log-in with your newly created account (Username & Password).

Current discounted pricing is available after login.

PRSD does not provide hardware support and repairs for parent purchased devices.

Note that current demand is exceptionally high which has led to a world-wide constraint in supply. Stock of available Chromebooks varies and is kept up-to-date on the BCOM BYOD Portal website. Chromebooks which are in-stock are available for order through the website for: shipment or pick-up.

You may also visit the retail store location:

BCOM Computer Centre - 15051-118 Ave NW, Edmonton, AB, T5V 1H9

FOR ASSISTANCE PLEASE CALL 780-481-8855





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